Top 5 Best backpacking Sleeping pads

When you are in the backcountry, or in wilderness in extremely cold weather, you might not expect a great sleep, but your body needs rest, especially after a long tiring day. A top-notch sleeping pad gives you the warmth and comfort at night and recharges your body for the next day, and that is what your body exactly seeks in that situation.

We have researched tons of sleeping pads, and finally, we could have been able to narrow down the list to come up with Top 5 Best backpacking Sleeping pads-

1. Therm-A-Rest NeoAir XLite

Therm-A-Rest, a legendary outdoor gears manufacturer, are being in the market since 1972, who have specialized sleeping pads and bags line for outdoor enthusiasts.

The Therm-A-Rest NeoAir XLite Ultralight is one of the most popular one from this line, which is basically an Inflatable sleeping pad suitable for backpacking, mountaineering, and camping.

It’s a three-season sleeping pads, comes with reflective ThermaCapturetechnology that protects from heat. Its Triangular Matrix baffled construction provides better stability.

It features the Patent-pending reflective layer, that returns the heat back to your body and creates air pockets that produces warmth and comfort in extremely cold weather.

It comes with 2.5-inch of thickness, soft-touch fabrics and its internal structure provides unrivaled comfort, stability and support.

You can easily inflate this pad in less than two minutes by blowing into the valve.

The Ultra-packable design offers less weight of 16 ounces and bulk than a 1-liter water bottle, giving you no stress while you go for camping.

Features:

Weight: 16 Ounces

Length: 77inch

Sleeping Capacity: 1 person

Special Feature: Reflective ThermaCapture

Pros and Cons:

Pros-

* Nice to Handling
* Light and Compact

Cons-

* Crinkles with every move

It is available on-

* [Amazon](https://www.amazon.com/Therm-Rest-Ultralight-Backpacking-Mattress/dp/B00PZL16XO/ref=sr_1_1_sspa?keywords=Therm-A-Rest+NeoAir+XLite&qid=1567498100&s=gateway&sr=8-1-spons&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUE2MzY5NU84VVlGWUkmZW5jcnlwdGVkSWQ9QTA4MTQyNTMzSERGWVAxWTlCT0o5JmVuY3J5cHRlZEFkSWQ9QTA5MTc4NDgyVVJINEtIUldXVFJHJndpZGdldE5hbWU9c3BfYXRmJmFjdGlvbj1jbGlja1JlZGlyZWN0JmRvTm90TG9nQ2xpY2s9dHJ1ZQ==)
* [Rei](https://www.rei.com/product/881574/therm-a-rest-neoair-xlite-sleeping-pad)
* [Sportsmans](https://www.sportsmans.com/camping-gear-supplies/cots-pads-hammocks/sleeping-pads/therm-a-rest-neoair-xlite-sleeping-pad/p/p1360649)

User Rating

Our rating-

Price: 4.8/5

Quality/durability: 4.9/5

Since, this sleeping pad comes with radiant reflection feature and thermal insulation system, it is perfect for extreme adventure freaks, who want to feel the thrill of living in any unfriendly conditions.

1. NEMO Switchback

NEMO, an award-winning New England-based designer of innovative outdoor gear, including tents, sleeping bags, sleeping pads, camp showers and so on.

Recently, NEMO introduced the classic cell foam sleeping pad, titled Nemo Switchback that delivers more thickness and comfort in an industry-leading packed size.

It features hexagonal nesting pattern, allows for taller, wider nodes, providing great comfort without increasing the packed size.

The taller nodes create 20% more space for uncompressed sleeping bag insulation, which generates more warmth around your body.

Its premium dual-density, abrasion-resistant Axiotomic foam offers a top layer, that ensures comfort and a lower layer that ensures premium support.

Switchback also comes with a metalized thermal film layer to reflect the heat back to your body for more comfortable sleep than other pads in this category.

This sleeping pad is very effective at stretching the R-value of 3-season air pads, suitable any conditions, from hot weather to sub-freezing nights.

Its Folding panel design allows for lightning-fast, easy set up and packing.

Features:

Weight: 14.5 oz

Length: 72 inches

Sleeping Capacity: 1 person

Special Features:  Axiotomic Foam

Pros and Cons:

Pros:

* Traps Warmth
* Hexagonal Cool Pattern

Cons:

* Slightly Bulkier
* Harder Outside Layers

It is available on-

* [Official Website](https://www.nemoequipment.com/product/switchback/)
* [Rei](https://www.rei.com/product/141846/nemo-switchback-sleeping-pad)
* [Amazon](https://www.amazon.com/Nemo-Switchback-Foam-Sleeping-Pad/dp/B07MTTRKCN)

User Rating

Our rating-

Price: 4.6/5

Quality/durability: 4.9/5

This pad does an excellent job of adding warmth to an air pad on colder trips and has brought some really nice updates to the closed-cell foam sleeping pad market, thus it has becomes best suited for backpacking in any conditions.

3. Sea to Summit Comfort Plus

Sea to Summit strives to provide the ultimate solutions for outdoor enthusiasts looking for innovative, durable, lightweight and compact gear.

The Comfort Plus air sleeping mat from Sea to Summit, designed with non-insulated dual layer version, that provides unrivalled comfort and support

It comes with Air Sprung Cells which operates each cell deforms independently, so that the mattress conforms to more body contact area, and gives softer and more comfortable feeling.

It uses two high resolution cell layers that can be pressurized independently, providing you an ultimate flexibility in comfort adjustment and protection from rough terrain.

It is made of Exkin Platinum fabric, reflects radiant heat loss to the user, and its 40-denier ripstop nylon face fabric offers the right balance between weight and durability.

The external TPU layer comes with Antimicrobial treatment, prevents delamination and internal bacterial growth.

It Includes repair kit with 6 self-adhesive patches for fixing punctures in the field, plus a spare silicone one-way valve insert is also given for immediate purposes.

Overall, this is a fairly thick material for a sleeping pad that assures it won’t rip easily.

Features:

Weight: 25.2 oz

Length: 66 in

Sleeping Capacity: 1 person

Special Features:  TPU Lamination

Pros and Cons:

Pros:

* Massive plug for deflating
* Super Comfy

Cons

* Not that Thick

It is available on-

* [Official Website](https://seatosummit.com/product/comfort-plus-insulated-mat/)
* [Amazon](https://www.amazon.com/dp/B00NHP5NOS/ref=emc_b_5_t)
* [Rei](https://www.rei.com/product/135413/sea-to-summit-comfort-plus-insulated-sleeping-pad)

User Rating

Our rating-

Price: 4.6/5

Quality/durability: 4.7/5

If you really want both comfort and ruggedness in one package, then this one is for you as its dual layer fabric provides you the resistance form rough weather and perfect body temperature for ultimate comfort.

1. NEMO Tensor Ultralight Sleeping Pad

Here is Nemo again!

Tensor Ultralight sleeping pad from Nemo stands apart with you as the ultimate backcountry adventure’s best friend, giving you the comfort to your hips and elbows from touching ground.

This ultralight comes with 2 layers of Thermal Mirror metalized, film that provides insulation up to 10 - 20°F, resisting the cold from the ground.

Nemo comes with Spaceframe baffles allows suspension between these two layers and makes air space between the layers separating them from body movement.

The new VORTEX pump sack provides an easy and faster inflation system that reduces breath to inflate and minimizes moisture entering the pad.

This sleeping pad provides remarkably quite sleep as compared with other sleeping pads due to the suspended film construction.

The mummy-shaped, regular-length Pad measures 72 inches long and 20 inches wide and has a weight of only 13 ounces.

Features:

Weight: 13 ounce

Length: 72 inch

Sleeping Capacity: 1 person

Special Feature: Hands Free Inflation

Pros:

* Blows Fastly
* Efficient Vortex Pump

Cons:

* Leaks Sometimes
* Takes a little more breath to inflate

It is available on-

* [Official Website](https://www.nemoequipment.com/product/tensor/)
* [Rei](https://www.rei.com/product/141845/nemo-tensor-insulated-sleeping-pad)
* [Amazon](https://www.amazon.com/Nemo-Tensor-Insulated-Sleeping-Long/dp/B01MSZ58CC)

User Rating

Our rating-

Price: 4.6/5

Quality/durability: 4.6/5

If you really want to have a comfortable sleep after a long walk along the country road, then Nemo Insulator can be your best choice.

5. Big Agnes Q-Core SLX

Big Agnes is designing comfortable and durable down sleeping bags, lightweight tents, self-inflating sleeping pads, and down jackets for years.

The Big Agnes Q-Core SLX is a new arrival comes with Quilted top, provides a soft, cushioned sleeping surface, and has an updated valve for easier inflation and deflation.

Its Minimalist I-Beam construction reduces weight and provides you consistent stability, and the larger outer chambers keeps you comfortably cradle in the middle of the pad.

Its WRM HL Insulation feature and high-loft synthetic insulation system, provide exceptional warmth with minimal weight and the Built-in advanced heat reflective technology helps to maintain the warmth in the surface.

This Durable, superlight nylon rip-stop fabric improves the tear strength up to 25% and you don’t have to be worried to carry it anywhere.

It comes with the Antimicrobial treatment inside the pad which prevents the unwanted microorganism growth.

Features:

Weight: 25.6 ounce

Length: 72 inch

Sleeping Capacity: 1 person

Special Feature: TPU lamination

Pros and Cons:

Pros:

* Insanely Comfortable
* Compact Size

Cons:

* Leaking Problem
* Narrowness

It is available on-

* [Official Website](https://www.bigagnes.com/Q-Core-SLX)
* [Rei](https://www.rei.com/product/105158/big-agnes-q-core-slx-sleeping-pad)
* [Amazon](https://www.amazon.com/Big-Agnes-Season-Camping-Sleeping/dp/B01G3ZJS80)

User Rating

Our rating-

Price: 4.3/5

Quality/durability: 4.7/5

The Q-Core SLX is an ultralight and durable sleeping pad for you to get you a sound sleep in any condition or any weather.

So, these are the Top 5 Best backpacking Sleeping pads. Like, share and comment your thoughts if you like our videos. Hit subscribe if you want to see more videos like this on your feed.